

POST-TREATMENT INSTRUCTIONS FOR LASER HAIR REMOVAL

- Immediately after the treatments, there should be redness and bumps at the treatment area, which may last up to 2 hours or longer. It is normal for the treated area to feel like sunburn for a few hours. You should use a cold compress if needed. **For any other skin reaction please contact StudioMD immediately.** If any crusting, apply antibiotic cream. We recommend aloe vera gel or some other after-sunburn treatment such as Destin. Darker pigmented persons may have more discomfort than lighter skin types and may require the aloe vera gel or an antibiotic ointment for a more extended period.
- Makeup may be used after the treatment, unless there is epidermal blistering. It is recommended to use new makeup to reduce the possibility of infection. Just make sure that you have moisturizer under your makeup. In fact, moisturizer will help the dead hair exfoliate from the follicle, so use moisturizer frequently and freely on the treated area. Any moisturizer without alpha-hydroxy acids will work.
- Avoid sun exposure to reduce the chance of dark or light spots for 2 months. Use sunscreen SPF 25 or higher at all times throughout the treatment.
- Avoid picking or scratching the treated skin. **DO NOT USE** any other hair removal methods or products on the treated area during the course of your laser treatments, as it will prevent you from achieving results.
- You may shower after the laser treatments, and use soap. The treated area should be washed gently with a mild soap. Skin should be patted dry and **NOT** rubbed. Underarm areas, that have been treated, should **not** be wiped with alcohol for 24 hours. You may apply deodorant after 24 hours.
- Anywhere during 5 to 30 days after the treatment, shedding of the hair may occur and this may appear as new hair growth. This is **NOT** new hair growth, but rather dead hair pushing its way out of the follicle. You can help the hair exfoliate by washing or wiping with a washcloth.
- Hair re-growth occurs at different rates on different areas of the body. New hair growth will not occur for at least three weeks after treatment.
- You can call StudioMD with any questions or concerns that you may have after the treatment.

Touch Up Policy: In case there are any patches or areas of hair that missed during the treatment, StudioMD offers a complimentary touch-up treatment if you return within two weeks of the treatment.

Patient's Signature

Date